

Many menu items can be modified to be vegan, gluten-free and to accommodate allergies. Please ask your cashier.

snacks

SHUCKS		
fried chickpeas (Money for Nothing, Chickpeas for \$4) vegan, GF chickpeas, lemon, spices, sage in tribute to AS220		4
Pimento "cheese" (Cheesy Lover) vegan housemade with veggies and toast		5
soup + salad	+	
french onion soup (Soup Soup Sudio) caramelized onions, red wine, housemade vegetable stock, cheese crouton		6
green salad (Sweet Dreams Are Made of Greens) vegan, GF baby greens, apples, radish, pumpkin seeds, rice wine vinaigrette	1.	5
FGT salad (Wake Me Up Fried Green Tomato) vegan, GF baby greens, tar tar sauce	*	8
curry tofu salad (Curry Boy, It's Waiting There for You) vegan tofu, almonds, grapes, chickpeas, vegan mayo, sliced tomato, toast		8
Caesar salad (Everybody Wants to Rule the World) vegan, GF romaine, grape tomatoes, red onion		7
sandwiches served with small salad, slaw, fried chickpeas or home fries	×	
"steak and cheese" (Every Breath You Steak) vegan housemade seitan, peppers, onion, vegan cheese sauce		10
BBQ portobello (Portobello Lugosi's Dead) vegan coleslaw, pickles, on housemade bread white or spent grain		8
vegetable burger (The Vege-might) vegan mushrooms, black beans, beets, housemade sesame bun, L/T/O, pickles	*	9
plates + bowls		
chicken fried tofu (Everybody Was Tofu Fighting) vegan slow cooked collards, original grit girl grits, pot licker butter		12
thai green curry bowl (If I Could Turn Back Thai) vegan tempeh, brown or white rice, kimchi, enoki mushrooms, assorted vegetables	×	13
cauliflower steak (Going Back to Cauli) vegan, GF cauliflower with chermoula, mashed potatoes, green beans		11
breakfast all day		
eggs and home fries (Two Eggs, Bette Davis Fries) GF two eggs your way and home fries		6
waffle (Pour Some Sugar on Me) daily selection waffle- limited availability		8

